



Crystal Peaks Water

Shipping info:

- The weight column refers to the net weight of the water.
- We use standard EURO pallets 120 x 80cm.

NATURAL SPRING WATER & NATURAL SPRING WATER ENRICHED WITH MASTIHA OF CHIOS

Item No	Bottle Type	Bottle size (lt)	Packaging	Bottles / Pack	Packs / Pallet	Pallet Weight (kg)
1.00.01	Glass Bottle	1	Carton	12	40	480

CARBONATED

Item No	Bottle Type	Bottle size (lt)	Packaging	Bottles / Pack	Packs / Pallet	Pallet Weight (kg)
2.00.01	Glass Bottle	0,7	Carton	12	50	420
2.00.02	Glass Bottle	1	Plastic Crate	12	32/40	384/480

CARBONATED ENRICHED WITH MASTIHA OF CHIOS

Item No	Bottle Type	Bottle size (lt)	Packaging	Bottles / Pack	Packs / Pallet	Pallet Weight (kg)
3.00.01	Glass Bottle	0,33	Carton	12	108	427



CHIOS MASTIHA

THE GREEK SUPERFOOD

Chios mastiha has been known, as an effective ingredient in the treatment of stomach pains, gastric disorders, digestive problems, gastralgia and stomach ulcers since ancient times.

Medical recipes from antiquity and the middle ages, written by medical practitioners, physicians and botanists, recommend Chios mastiha as a beneficial aid in treating conditions and disorders of the gastrointestinal system.

According to recent clinical studies, Chios mastiha has proven action against *Helicobacter pylori*, contributes positively to preventing and treating the symptoms of Crohn's disease and constitutes the most natural way to treat peptic disorders.



SOME MORE INFO

The unique Chios mastiha trees, are offering their precious tears of mastiha resin.

As Mother Nature's precious gift, mastiha is used in various ways, both for its flavour and its proven beneficial characteristics

Aromatic by its nature, crystallized resin, mastiha has been revered for its healing properties since time began.

It was used in beauty and healing products as ingredient or itself, at Greece's antiquity. Being recognized and proved, at the botanical studies of Dioscourides and Hippocrates' medical treatments

CRYSTAL PEAKS SPARKLING WATER WITH CHIOS MASTIHA characteristic aroma and freshness, enhances every moment, of day or night. It's the alternative soft drink that stimulates, rejuvenates and makes you feel great.

Enjoy it chilled, on its own, as a non-alcoholic beverage, or why not try CRYSTAL PEAKS SPARKLING WATER WITH CHIOS MASTIHA, with a cup of coffee or to accompany a meal as a digestive. Be it early afternoon or late in the evening, can also be used to create imaginative cocktails.

- CRYSTAL PEAKS SPARKLING WATER WITH CHIOS MASTIHA AND COFFEE

A MATCH MADE IN HEAVEN

Accompany your coffee with a glass of Crystal Peaks Sparkling Water with Mastiha and discover the authentic aroma and flavor of the Aegean Sea.

- CRYSTAL PEAKS SPARKLING WATER WITH CHIOS MASTIHA

GOES PERFECTLY WITH EVERY MEAL

Thanks to its unique resinous aroma, mastiha has been used for centuries in both savory and sweet dishes in Greek kitchen - with meat, fish and nuts, in breads, pastries and preserves. Add its freshness to your palette , lightly scent your every meal and enjoy its digestive properties.

- CRYSTAL PEAKS SPARKLING WATER WITH CHIOS MASTIHA

BY NIGHT

Completely alcohol-free

Lightly carbonated MASTIQUA is an ideal non-alcoholic drink - an experience complete in itself. Enjoy it on its own, chilled at 3 ° C - add a thin slice of lemon. For more flavour, try serving CRYSTAL PEAKS SPARKLING WATER WITH CHIOS MASTIHA with a slice of cucumber.

COCKTAIL IDEAS

▪ LEMONADE

Ingredients:

- 20ml sugar syrup
- 30ml freshly squeezed lemon juice
- 20ml sugar syrup
- Crystal Peaks Sparkling Water with Mastiha

Garnish:

slice of lemon (wheel)

Method:

In an old fashioned glass add crushed ice, the lemon juice and sugar syrup. Top up with CRYSTAL PEAKS SPARKLING WATER WITH CHIOS MASTIHA , and serve with a slice (wheel) of lemon.

Enjoy!

▪ HER MAJESTY'S MOJITO

Ingredients:

- 30ml freshly squeezed lemon juice
- 20ml sugar syrup
- 50ml gin
- 7-8 mint leaves
- Crystal Peaks Sparkling Water with Mastiha

Garnish:

mint sprig, cucumber peel twist

Method:

In a highball glass add the lemon juice, sugar syrup and mint leaves. Churn (stir) with bar spoon. Add ice and 50ml gin and top up with CRYSTAL PEAKS SPARKLING WATER WITH CHIOS MASTIHA ,. Garnish with a mint sprig and a cucumber peel twist.

Enjoy!

▪ GQ

Ingredients:

- 50ml gin
- Crystal Peaks Sparkling Water with Mastiha
- 2-3 cardamom seeds

Garnish:

lemon zest twist, cucumber peel twist

Method:

In a highball glass add ice, 50ml gin and top up with Mastiqua. Add 2-3 cardamom seeds and garnish with a lemon zest twist and a cucumber peel twist.

Enjoy!